



It's time to take care of you.

Mental health counseling services are now available at your local CVS® HealthHUB™.

We're here for you.

Some days may be harder than others. If you're experiencing more stress or anxiety, or if you've felt more depressed lately, you're not alone. It's important to know there's a place you can turn to if you need help for your mental health concerns.

Better access to the care you may need.

We're here to help. When you are ready, you can now access in-network mental health counseling at your local CVS HealthHUB. With this new service you can receive counseling for stress, anxiety or depression from a MinuteClinic® licensed therapist — when and where you may need it.

Helping you on your path to better health.

We understand how important mental health is to your overall well-being. That's why we're making sure you have access to the services you may need to help achieve your best health, on your schedule.

Take the first step today.

Visit [CVS.com/mentalhealth](https://www.cvs.com/mentalhealth) to schedule your appointment today.





CVS® HealthHUB™ locations offer:

Convenience and easier accessibility



With locations near where you live and work, and flexible appointment times that are in-person or with telehealth, you can get the care you need, on your schedule.

More affordable services



Mental health counseling services are in-network, meaning they can be more affordable than other options.

Quality care



You'll have a confidential relationship with a licensed therapist, who's there to help you on your path to better health.

Take the first step today.

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Aetna®, CVS Pharmacy®, Inc., which owns HealthHUB™ locations, and MinuteClinic®, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics), are part of the CVS Health® family of companies.

Mental health counseling services: Services vary by location. See store for details. Mental well-being counseling services provided by a MinuteClinic® licensed therapist worker within a CVS® HealthHUB™ location.

FOR TELEHEALTH VISITS: Available in select states for select conditions. Other restrictions apply. See **MinuteClinic.com/VideoVisit** for additional details.

Not all services are covered. See plan documents for a complete description of benefits, exclusions and limitations of coverage. Plan features and availability may vary by location and are subject to change.

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