

Creating a personalized health plan experience.

Whatever your health plan questions and care needs are, you can count on any of our experts to help with answers and guidance.



With Advocate4Me®, you can feel the support of a team that's dedicated to helping you:

- Understand your benefits and claims.
- Talk through your bill or payment.
- Avoid overpaying, find the right care and cost options.
- Maximize your health savings.
- Take advantage of all your plan's health and well-being benefits.



The UnitedHealthcare® app provides on-the-go access to assistance.



To learn more:

Call the toll-free phone number on your health plan ID card, 8 a.m. – 6 p.m. ET, Monday–Friday | myuhc.com®



This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through the program is for informational purposes only and provided as part of your health plan. Wellness nurses, coaches and other representatives cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. The program is not an insurance program and may be discontinued at any time. Additionally, if there is any difference between this information and your coverage documents (Summary Plan Description, Schedule of Benefits, and any attached Riders and/or Amendments), your coverage documents govern.

Oxford insurance products are underwritten by Oxford Health Insurance, Inc. Oxford HMO products are underwritten by Oxford Health Plans (NJ), Inc. and Oxford Health Plans (CT), Inc. Administrative services provided by Oxford Health Plans LLC.

[Facebook.com/UnitedHealthcare](https://www.facebook.com/UnitedHealthcare) [Twitter.com/UHC](https://twitter.com/UHC) [Instagram.com/UnitedHealthcare](https://www.instagram.com/UnitedHealthcare) [YouTube.com/UnitedHealthcare](https://www.youtube.com/UnitedHealthcare)