



How are your employees doing — really?



They may be facing challenges that impact their health

Food insecurity. Financial stress. Housing worries. Social isolation. These can affect your employees' overall well-being—and the total cost of care for you both.

Your Oxford health plan can help direct your employees to the caring, compassionate support they may need—with a way to access local programs and services available for free or at a reduced cost.

Connect employees to these resources and more at uhc.com/communityresources

68%
of U.S. adults surveyed say they have been unable to meet one or more basic need¹



Food

Food banks, local farming and food card programs with local grocers



Finances

Employment support services, job programs, internships, education, financial literacy



Housing

Local shelters, temporary housing and housing programs



Transportation

Ride share and public transportation services

continued

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Social Determinants of Health—the science behind it all

Social Determinants of Health (SDOH) are the environmental conditions in which people are born, grow, work, live and age. These conditions can lead to insecurities and stressors that affect a wide range of health outcomes.

Why support matters

An astounding 80% of a person's health status may be influenced by factors like food insecurity, financial stress, housing worries and social isolation.² Helping your employees get the support they need may also help them be more productive at work—and experience less time away from it.

Using data and analytics to deliver compassion

We are committed to removing the barriers that may make it difficult for people to live their healthiest lives.

With predictive analytics providing behind-the-scenes intelligence, we're able to identify employees who may be in need of support and proactively offer them help.



When an identified member calls in—the trained advocate receiving their call gets an alert, helping them to engage with the member and connect them to helpful resources and programs.



When an identified member visits online—their personalized **myuhc.com**[®] homepage promotes recommendations that guide them to the resources and support they may need.

We are committed to helping people live their healthiest lives by developing solutions designed to help remove barriers to better health.

Challenges members have reported

15%-25%

surveyed have high levels of food insecurity³

15%-25%

surveyed have high levels of financial insecurity³

3%-5%

surveyed are at risk for homelessness³

20%-30%

surveyed are socially isolated³

Learn more

Contact your Oxford account executive to learn about all the ways we can help support your employees—and you

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¹Rise, June 2019. <https://www.risehealth.org/insights-articles/social-determinants-of-health-68-of-americans-surveyed-have-experienced-at-least-one-unmet-social-need-in-the-past-year>. Accessed March 30, 2022.

²Robert Wood Johnson Foundation, <https://www.rwjf.org/> Accessed 4/8/2022.

³General insights from Optum Advisory Services Commercial customers, 2021.

The information provided herein is for informational purposes only as part of your health plan. It is not a substitute for your doctor's care. Please discuss with your doctor how the information provided is right for you. Always refer to your plan documents for specific benefit coverage and limitations or call the toll-free member phone number on your health plan ID card. Your personal health information is kept private in accordance with your health plan's privacy policy.

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